



# YOUR MENU @

## MARYLAND PRIMARY SCHOOL

Spring - Summer 2024

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b>	Sweet Chilli Meatballs with Rice	Lamb & Lentil Lasagne with Garlic Slice	Roast Chicken & Herby Stuffing with Roast Potatoes	Fruity Caribbean Chicken with Rice & Peas	Fish Fingers with Chips
<b>Choice 2</b>	Jacket Potato with Choice of Fillings <b>V</b>	Sri Lankan Fish Curry with Basmati Rice	Quorn Soft Shell Taco with Rice <b>V</b>	Wholemeal Spinach & Ricotta Pasta Parcels <b>V</b>	Chicken Shawarma in Flatbread
<b>Choice 3</b>	Quorn Dippers with Sweet & Sour Sauce & Egg Noodles <b>V</b>	Veggie Keema with Rice & Naan <b>V</b>	Roast Vegetable Tart served with Roast Potatoes <b>PB</b>	Jerk Sausage with Rice & Peas <b>PB</b>	Pizza Slice with Chips <b>V</b>
<b>Vegetable Selection</b>	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
<b>Dessert of the Day</b>	Raspberry Ripple Ice Cream Sponge Roll <b>V</b>	Apple Crumble served with Vanilla Ice Cream <b>V</b> <b>SS</b>	Frozen Yoghurt served with Fruit Salad* <b>V</b>	St Clement's Cake with Custard <b>V</b> <b>SS</b>	Belgian Style Waffle served with Fruit Salad <b>V</b>

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit

**WEEK 1** 15 Apr, 6 May, 3 Jun, 24 Jun, 15 Jul, 2 Sep, 23 Sep, 14 Oct.

MEAT SERVED AT THIS SCHOOL IS HALAL & non HALAL

KEY: **V** - Vegetarian **PB** - Plant Based **SS** - Sugar Smart



**DINEin**  
AND DISCOVER



# YOUR MENU @

## MARYLAND PRIMARY SCHOOL

Spring - Summer 2024

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b>	Chicken Burrito with Coleslaw & Mexican Salad	Baked Sausages served with Mashed Potatoes	Roast Chicken with Yorkshire Pudding served with Roast or New Potatoes	Lamb & Vegetable Jollof Rice	Fish in Batter with Chips
<b>Choice 2</b>	Creamy Butternut Squash Pasta Bake <b>V</b>	BBQ Chicken Pasta Bake	Tuna Melt Panini served with Salad & Coleslaw	Lentil Bolognese <b>PB</b>	Chickpea & Potato Curry with Rice <b>PB</b>
<b>Choice 3</b>	Quorn Frankfurter Hot Dog with Jacket Wedges <b>V</b>	Cheese & Potato Pie <b>V</b>	Toad in the Hole served with Roast or New Potatoes <b>V</b>	Moroccan Style Tagine with Couscous <b>PB</b>	Veggie Pattie Muffin with Chips <b>V</b>
<b>Vegetable Selection</b>	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Fresh Carrots Green Beans
<b>Dessert of the Day</b>	<b>SS</b> Carrot Cake with Custard <b>V</b>	<b>SS</b> Chocolate Sponge Slice served with Chocolate Custard <b>V</b>	Fruit with Strawberry Ice Cream <b>V</b>	<b>SS</b> Peach Melba Crumble & Ice Cream <b>V</b>	Jelly served with Summer Fruit <b>PB</b>
<b>Daily Options</b>	Salad Bar / Freshly Baked Bread / Fresh Fruit				

**WEEK 2** 22 Apr, 13 May, 10 Jun, 1 Jul, 22 July, 9 Sep, 30 Sep, 21 Oct

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# YOUR MENU @

## MARYLAND PRIMARY SCHOOL

Spring - Summer 2024

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b>	Chicken & Spring Vegetable Bake with Mashed Potatoes	Piri Piri Glazed Chicken with Rice	Souvlaki Chicken with New Potatoes	Tuscan Mixed Bean Pasta Bake with Focaccia Slice <span>PB</span>	Fish Fingers with Chips
<b>Choice 2</b>	Mac & Cheese with Focaccia <span>V</span>	Lentil & Vegetable Tikka Masala with Rice & Naan <span>V</span>	'Fishwich' served in a Bun with Potato Salad	Lamb Burger in a Bun with Jacket Wedges	Tandoori Chicken Naan with Indian Style Salad & Yoghurt
<b>Choice 3</b>	Beany Wrap with Rice <span>PB</span>	Jacket Potato with Choice of Fillings <span>V</span>	Mediterranean Vegetable Tart with New Potatoes <span>PB</span>	Southern Style Burger in a Roll with Jacket Wedges <span>V</span>	Sausage in a Roll with Chips <span>PB</span>
<b>Vegetable Selection</b>	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
<b>Dessert of the Day</b>	<span>SS</span> Fruit Flapjack <span>PB</span>	<span>SS</span> Banana Slice with Custard <span>V</span>	<span>SS</span> Lemon & Lime Cheesecake <span>V</span>	<span>SS</span> Chocolate & Pear Pudding with Custard <span>V</span>	Summer Fruit Platter with Ice Cream <span>V</span>

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit

**WEEK 3**

29 Apr, 20 May, 17 Jun, 8 Jul, 16 Sep, 7 Oct.

**MEAT SERVED AT THIS SCHOOL IS HALAL & non HALAL**

KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart



**DINEin**  
AND DISCOVER