

## Forest Gate Children's Centre- Kay Rowe and Maryland

### Activities 10<sup>th</sup> – 31<sup>st</sup> January 2022

	Activity	Time	Additional Information	Dates/Venue	Forest Gate Children's Centre
Monday	Stay and Play (18-30months)	10-11.30am	Fun learning for 2yr old	17,31 Jan <span style="float: right;">Maryland</span>	<p><b>COVID UPDATE:</b> Please read the guidance information on the website.</p> <p>All Sessions will be on a first come first serve basis. There will be a cap on numbers.</p> <p>There will be a <b>NO ENTRY 15 minutes</b> after session starts, so please arrive on time.</p>
	Stay and Play in the Community Garden	1-2pm 	Have fun with outdoor activities!	10,24 Jan <span style="float: right;">Community Garden</span>	
Tuesday	Stay and Play (1-4 yrs)	10-11.30am	Come and have fun learning through play	11,18,25 Jan <span style="float: right;">Kay Rowe</span>	<p>If the session is full, you will be turned away.</p> <p><b>Booking is required for:</b></p> <ul style="list-style-type: none"> <li>- Baby Massage</li> <li>- Story-telling</li> <li>- Esol</li> </ul> <p>Please call the Children's Centre to book.</p> <p>Kay Rowe 0208 534 4403/ Maryland 0208 534 8351</p> <p><b>IF YOU ARE NOT REGISTERED WITH FGCC, PLEASE REGISTER USING LINK BELOW</b></p> <p><a href="https://newham-self.achieveservice.com/service/Best-Start-in-Life-Registration">https://newham-self.achieveservice.com/service/Best-Start-in-Life-Registration</a></p>
	Childminders Network	9.30-11am	For Childminders only	11,25 Jan <span style="float: right;">Maryland</span>	
	Baby Massage (3-6 months)	1-2pm 	Learn to massage strokes, to support Baby's development Booking required ( 4 week course)	18,25 Jan, 1,8 Feb <span style="float: right;">Kay Rowe</span>	
	Baby Sensory (Babies under 1yr only)	1-2pm	Sensory play and rhymes for babies	11,18,25 Jan <span style="float: right;">Maryland</span>	
Wednesday	Stay and Play (18-30months)	10-11.30am 	Fun learning for your 2yr old	12,26 Jan <span style="float: right;">Kay Rowe</span>	<p>If the session is full, you will be turned away.</p>
	SEND Stay and Play	1-2.30pm	Children with additional needs- Contact Josie	07931 554972 <span style="float: right;">Kay Rowe</span>	
Thursday	EPAt	9.30-11.30am	Parenting Programme - By appointment only	Parents will be informed <span style="float: right;">Kay Rowe</span>	<p>If the session is full, you will be turned away.</p>
	ESOL	9.15-11.15am	ESOL for beginners- By appointment only	Next Course in March 2022 <span style="float: right;">Maryland</span>	
	Storytelling - Library	10-11am 	Enjoy story and rhymes Booking required	20 Jan <span style="float: right;">The Gate Library</span>	
	Baby Sensory (Babies under 1yr only)	1-2pm	Sensory play and rhymes for babies	13,20,27 Jan <span style="float: right;">Kay Rowe</span>	
Friday	Stay and Play - Messy	10-11am 	Let your child learn and explore through messy play!	14,21,28 Jan <span style="float: right;">Maryland</span>	<p><b>IF YOU ARE NOT REGISTERED WITH FGCC, PLEASE REGISTER USING LINK BELOW</b></p> <p><a href="https://newham-self.achieveservice.com/service/Best-Start-in-Life-Registration">https://newham-self.achieveservice.com/service/Best-Start-in-Life-Registration</a></p>
	Parents in Mind	10-12pm	Talk and support, mum to mum. Contact Leah	07525 403 673 <span style="float: right;">Kay Rowe</span>	
	Stay and Play (1-4 yrs)	1-2.30pm	Come and have fun learning through play!	14,21,28 Jan <span style="float: right;">Maryland</span>	
Saturday	Gardening Project	10.30 -12.30pm	Exploring and planting in the garden	29 Jan <span style="float: right;">Kay Rowe</span>	