



Forest Gate Children's Centre – Kay Rowe and Maryland

Activities 1st November – 23rd December 2021



	Activity	Time	Additional Information		
Monday	Stay and Play (18-30months)	10-11.30am	Fun learning for your 2yr old	8,22 Nov ,6 Dec	Maryland
	Stay Play - Community Garden	1-2pm 	Have fun with outdoor activities!	8,22 Nov,6 Dec	Community Garden
Tuesday	Stay and Play (1-4yrs)	10-11.30am	Come and have fun learning through play	2,9,16,23,30 Nov,7,14 Dec	Kay Rowe
	Childminders Network	9.30-11am	For childminders only	2,16,30 Nov, 14 Dec	Maryland
	Baby Sensory (Babies under 1yr only)	1-2pm 	Sensory play and rhymes for babies	2,9,16,23,30 Nov,7,14 Dec	Maryland
Wednesday	Stay and Play (18-30months)	10-11.30 	Fun learning for your 2yr old	3,17 Nov,1 Dec	Kay Rowe
	Baby Massage (3-6mths)	1-2pm	Learn massage strokes, to support baby's development Booking required	17, 24 Nov, 1,8 Dec	Maryland
	SEND Stay and Play	1-2.30pm	For children with additional needs Contact Josie 07931 554972	3,10,17,24 Nov,1,8 Dec	Kay Rowe
Thursday	EPAtS	9.30-11.30am	Parenting programme - By appointment only	Parents will be informed.	Kay Rowe
	Storytelling -Library	10-11am 	Enjoy story and rhymes in the Library Booking required	18 Nov, 16 Dec	The Gate Library
	Baby Sensory (Babies under 1yr only)	1:30 -2:30pm	Sensory play and rhymes for babies	11,18,25 Nov,9,16 Dec	Kay Rowe
Friday	Stay and Play- Messy	10-11am 	Let your child's learn and explore through messy play!	5,12,19,26 Nov,3,10,17 Dec	Maryland
	Parents in Mind	10-12pm	Talk and support, mum to mum- Contact Leah	07525 403 673	Kay Rowe
	Stay and Play (1-4yrs)	1-2.30pm	Come and have fun learning through play!	5,12,19,26 Nov, 3,10,17 Dec	Maryland
Saturday	Family Learning- Diwali	10.30-12.30pm	We will prepare and cook a healthy veggie lunch! Booking required	6 Nov	Kay Rowe
	Gardening Project	10.30-12.30pm	Exploring and planting in the garden	13 Nov	Kay Rowe

All our sessions will be on a first come basis, -for all sessions, please arrive on time- no entry after 15mins of session start time.

Booking Required for Storytelling, Family Learning and Baby Massage

Please call the Children's Centre- Kay Rowe 020 8534 4403/Maryland 020 8534 8351

If you are not registered with FGCC please register using this link https://newham-self.achieveservice.com/service/Best_Start_in_Life_Registration