

MARYLAND PRIMARY SCHOOL END OF KS2 SWIMMING DATA

NUMBER OF PUPILS IN COHORT - 60	Number of pupils who can swim competently, confidently and proficiently over a distance of at least 25 metres	Number of pupils who can use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]	Number of pupils who can perform safe self-rescue in different water-based situations
	0% 0/60	0% 0/60	0% 0/60

Due to current government guidance, pupils have not been able to attend the intensive swimming sessions booked for the summer term 2020.

Award level	Criteria	Number of pupils Total - 59
1	<ul style="list-style-type: none"> - Able to enter and exit the water safely - Move through the water safely and with confidence for 5m - Splash water on face - Push and glide on front and back regaining standing position 	0% 0/60
2	<ul style="list-style-type: none"> - Blow bubbles into the water - Travel on back for 5m with recognised leg action. Feet of the floor - Travel on front for 5m with recognised leg action. Feet of the floor - Rotate from front to back to a standing position 	0% 0/60
3	<ul style="list-style-type: none"> - Jump in from poolside and submerge (min depth 1.0m) - Perform a push and glide on front with arms extended into a log roll onto back. - Fully submerge to pick up and object - Travel 5m on front, tuck to rotate onto back. Return on back - P&G and travel on front for 10m. Recognised leg kick and basic arm recovery - P&G and travel on back for 10m. Recognised leg kick and basic arm recovery - Perform a tuck float and hold for 3 seconds 	0% 0/60
4	<ul style="list-style-type: none"> - Head first sculling for 5m on back - Perform a push and glide on back arms extended into a log roll onto front - Demonstrate effective leg kick on 4 strokes each over 10m - Swim 25m on preferred choice of stroke 	0% 0/60
5	<ul style="list-style-type: none"> - Perform feet first sculling for 5m - Tread water for 30 seconds - Perform a jump into deep water and return to surface with eyes open - P&G Swim 25m on all four strokes - Perform forward somersault - Perform a handstand for 3 seconds - Demonstrate action for getting help 	0% 0/60
6	<ul style="list-style-type: none"> - Swim 10m with clothes on - Sink, push off on side from all, glide, kick and rotate into backstroke - Sink, push off on side from all, glide, kick and rotate into front crawl - Perform a shout and rescue signal - Perform a surface dive - P&G & swim all strokes (6 rythmical breathes for FC and Breast and Back, 3 for fly) - P&G swim for 25m on all four strokes 	0% 0/60
7	<ul style="list-style-type: none"> - Swim 25m on all four strokes - Perform a sitting dive or dive (1.5m minimum) - P&G and swim for 50m continuously on one choice of stroke - Swim 100m continuously using three different strokes (Fly, Back, Breast, FC) - Complete obstacle course using minimum of four objects, feet off floor throughout - Perform a 1 minute sequence of activities including sculling, floating and rotation, egg beater 	0% 0/60

