

LUNCHTIME ARRANGEMENTS

Nutritious meals are cooked in our school kitchen. The menu is varied and caters for vegetarians and other dietary requirements. Children are encouraged to eat a sensibly balanced meal. We encourage good table manners and the correct use of cutlery. Lunchtime Managers care for the children during the midday break. Menus are available for parents to read.

The Headteacher or a member of the Senior Leadership Team are usually on the premises at lunchtime to ensure the smooth running of the meal.

SCHOOL MEALS

Newham currently provides free school meals for all primary children, regardless of entitlement on admission to the school. Milk is provided daily, free to all primary pupils at Maryland. Infants are given free fruit.

HOME DINNER

Children who go home for lunch should be collected from the front entrance of the school, not from their classroom, at 12.00pm and return to the office five minutes before the start of the afternoon session at 12.55pm. Children must wait in the reception area until the afternoon lessons begin and not go into the playground. The Lunchtime Managers are only responsible for the safety of those children who stay for the school meal.

PACKED LUNCH

If you request that your child brings a packed lunch to school, then this arrangement must be kept for the whole term. Your child will be supervised and encouraged to eat what is packed for them, so please do not give your child more than you know s/he can eat. Packed lunches must be brought to school in a hard container that shuts firmly and must be labelled with the child's name.

Lunches should be nutritious. Ideally they should contain a sandwich as well as fresh salad and/or fruit. The school cannot re-heat food placed in lunch boxes.

Bearing in mind that children cannot clean their teeth after eating, please do not include sweets, biscuits or chocolates for packed lunch. Instead, for dessert, you may pack fresh fruit (a banana is ideal), a cereal bar or cheese and crackers. We also discourage crisps, as the salt content is high and many flavours contain sugar as well.

Please do not include drinks, as water is provided for all children on the advice of the school dentist.