



Menu to run from Tuesday 23rd April to 18th October 2019

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Spinach & Feta Whirl	Chicken & Vegetable Jolloff Rice	Roast Beef & Yorkshire Pudding	Beef/Lamb* Burrito	Pasta & Meatballs in Marinara Sauce
Choice 2	Lemon & Herb Crusted Fish	Fish Biryani	Fisherman's Pie	Fish Burger with Salad & Lemon Mayo	Fish Fingers
Vegetarian	Cheese & Tomato Pizza	Vegetable Samosa with Dhal *	Cheese & Onion Pasty	Quorn & Sweet Potato Curry & Rice	Mac 'n' Cheese
Unlimited Sides	Baked New Potatoes Sweetcorn Salad Selection	Naan Bread Green Beans Cucumber Raita Salad Selection	Roast Potatoes Seasonal Veg Salad Selection	Potato Wedges Sweetcorn Salad Selection	Chips Baked Beans Peas Salad Selection
Dessert	Apple Flapjack* 	Tropical Fruit Traybake*	Chocolate Sponge & Chocolate Sauce	Apricot Shortbread With Greek Yoghurt*	Jelly, Fruit & Ice Cream*
Daily Options	Fresh Fruit Platter / Organic Yoghurt  / Cheese & Biscuits / Freshly Baked Bread				




* Please indicate preference

* Vegan – egg & dairy free dish

* Egg free



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Spanish Omelette	Jerk Chicken & Rice	Roast Chicken with Sage & Onion Stuffing	Tuscan Beef/Lamb* Pasta Bake	Lamb Lasagne
Choice 2	Tuna Hoagie Melt	Creamy Coconut Fish Curry & Naan	Fish Risotto	Fish in Batter	Fish Finger Wrap
Vegetarian	Veggie Burger in a Bun with Salad	Cheese & Tomato Pizza	Vegetarian Lentil Shepherd's Pie*	Roast Vegetable Pie*	Jacket Potato with Veggie Chilli *
Unlimited Sides	Focaccia Sweetcorn Salad Selection	Green Beans Tomato & Cucumber Salad Selection	Mashed Potatoes Seasonal Veg Salad Selection	Organic Carrots Broccoli Salad Selection	Jacket Wedges Peas, Baked Beans Salad Selection
Dessert	Oat & Raisin Cookie*	Apple Crumble with Custard* 	Jelly, Fruit & Ice Cream*	Lemon Sponge Slice* 	Waffle with Fruit & Ice Cream
Daily Options	Fresh Fruit Platter / Organic Yoghurt  / Cheese & Biscuits / Freshly Baked Bread				

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Vegetarian Pasta Bolognese	Lamb Keema & Naan Bread	Roast Turkey with Sage & Onion Stuffing	BBQ Chicken & Rice	Burger in Bun with Jacket Wedges
Choice 2	Fish Burger with Salad	Jacket Potato with Tuna	Fish Fingers	Tuna & Sweet Pepper Pasta Bake	Jacket Potato with Tuna & Sweetcorn
Vegetarian	Quorn Hot Dog with Onions	Cheese & Tomato Pizza	Cheese & Tomato Quiche	Moroccan Style Veggie Balls with Couscous *	Vegetable Stir Fry with Egg Noodles
Unlimited Sides	Jacket Wedges Broccoli Salad Selection	Rice / Green Beans Cucumber Raita Salad Selection	New Potatoes Seasonal Veg Salad Selection	Sweetcorn Salad Selection	Baked Beans Garden Peas Salad Selection
Dessert	Chocolate & Beetroot Brownie & Custard	Lemon & Banana Loaf	Fruit Ice Lolly	Dorset Apple Cake & Custard *	Scotch Pancake with Fruit
Daily Options	Fresh Fruit Platter / Organic Yoghurt  / Cheese & Biscuits / Freshly Baked Bread				

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