

WEEK 1

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------|------------------------------------|---------------------------------|---|-----------------------------------|
| Chilli & Bean Burrito | Greek Style Chicken Souvlaki | BBQ Chicken & Yorkshire Pudding | Pasta Bolognese | Chinese Chicken Curry |
| Salmon Fish Finger Wrap | Fisherman's Pie | Lemon & Herb Fish Crunch | Tuna & Tomato Hoagie Melt | White Fish Bake |
| Veggie Sausage Pasta | Juniper Pizza | Quorn & Sweet Potato Curry | Spanish Omelette | Jacket Potato with Cheese & Beans |
| Baby Baked Potatoes | Herby Diced Potatoes | Roast Potatoes | Mashed Potatoes | Chips Noodles |
| Sweetcorn & Fresh Broccoli | Garden Peas & Med Roast Vegetables | Organic Carrots & Green Beans | Mini Corn on the Cob & Grilled Tomatoes | Garden Peas & Baked Beans |
| Fruit Smoothie | Apple Crumble Cookie | Rainbow Cheesecake | Marble Cake & Custard | Fruit Jelly & Ice Cream |

WEEK 2

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|-------------------------------|---------------------------------|---------------------------------------|----------------------------------|
| Meatball Marinara Melt | Lasagne | Roast Turkey with Stuffing | BBQ Chicken | Hot Dog in a Roll |
| Fish Goujons | Fish Fingers | Seafood Jambalaya | Creamy Wholemeal Fish Crumble | Fish Curry |
| Tomato & Basil Pasta | Lemon & Lentil Curry | Quorn Hot Dog in a Roll | Veggie Quesadilla | Roast Butternut & Red Onion Tart |
| Mashed Potatoes | New Potatoes | Roast Potatoes | Baby Baked Potatoes Mexican Rice | Jacket Wedges Rice |
| Fresh Cauliflower & Carrot/Courgette Medley | Broccoli & Mixed Vegetables | Organic Carrots & Savoy Cabbage | Green Beans & Mini Corn on the Cob | Garden Peas & Baked Beans |
| Scotch Pancake with Fruit & Greek Style Yoghurt | Chocolate & Orange Shortbread | Mango Rice Pudding | Carrot Cake with Cream Cheese Topping | Peach Flapjack |

WEEK 3

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------|---------------------------------------|-----------------------------------|-----------------------------------|------------------------------|
| Lamb & Spring Vegetable Pie | American Meatloaf | BBQ Chicken with Stuffing | Burger in a Brioche Bun | Lamb & Vegetable Jollof Rice |
| White Fish Bake | Tuna & Sweetcorn Fishcake | Italian Fish with Cherry Tomatoes | Fish Biryani | Fish Fingers |
| BBQ Quorn Pasta | Margarita Pizza | Vegetable Lasagne | Jacket Potato with Cheese & Beans | Quorn Toad in the Hole |
| New Potatoes Rice | Mashed Potatoes | Roast Potatoes | Potato Wedges Rice | Chips Rice |
| Mixed Vegetables & Roasted Vegetables | Mini Corn on the Cob & Green Beans | Organic Carrots & Broccoli | Baked Beans & Jamaican Slaw | Sweetcorn & Garden Peas |
| Fruit Salad with Frozen Yoghurt | Tropical Fruit Crumble with Ice Cream | Summer Fruit Trifle | Banana Loaf | Ice Cream Sponge with Fruit |

All meat served at this school is Halal. All items are subject to availability.

MENU DATES FOR MARYLAND PRIMARY SCHOOL

| APRIL 2018 | MAY 2018 | JUNE 2018 | JULY 2018 | SEPTEMBER 2018 | OCTOBER 2018 |
|----------------|----------------|----------------|----------------|----------------|----------------|
| M T W T F S S | M T W T F S S | M T W T F S S | M T W T F S S | M T W T F S S | M T W T F S S |
| 2 3 4 5 6 | 7 8 9 10 11 | 4 5 6 7 8 | 2 3 4 5 6 | 3 4 5 6 7 | 1 2 3 4 5 |
| 9 10 11 12 13 | 14 15 16 17 18 | 11 12 13 14 15 | 9 10 11 12 13 | 10 11 12 13 14 | 8 9 10 11 12 |
| 16 17 18 19 20 | 21 22 23 24 25 | 18 19 20 21 22 | 16 17 18 19 20 | 17 18 19 20 21 | 15 16 17 18 19 |
| 23 24 25 26 27 | 28 29 30 31 | 25 26 27 28 29 | 23 24 25 26 27 | 24 25 26 27 28 | 22 23 24 25 26 |
| 30 | | | 30 31 | | 29 30 31 |

WEEK 1
WEEK 2
WEEK 3

Additional Daily Food Options

- Fresh Seasonal Fruit Platter
- Organic Yoghurt
- Cheese & Biscuits
- Homemade Bread

MARYLAND PRIMARY SCHOOL