

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Burger in a Burger Bun with Salad & Spicy Wedges	Lamb & Vegetable Tikka Masala* with Basamti Rice	Roast Chicken & Stuffing with Roast Potatoes*	Savoury Chicken & Sweetcorn Pancakes & New Potatoes*	Traditional Keema with Naan Bread*
Fish	Fisherman's Pie*	Italian Style Fish Fillet with Pesto & Cherry Tomatoes*	White Fish Bake with Lemon with Roast Potatoes	Cheesy Tuna Pizza	Fish Fingers with Chips
Vegetarian	Authentic Chick Pea & Potato Curry with Peshwari Bread*	Vegetarian Lasagne & Focaccia*	Mixed Bean Casserole with Crispy Cheese Topping with Roast Potatoes*	Cheese & Tomato Pizza	Cheese & Onion Slice with Chips
Vegetable Choice	Sweetcorn Fresh Broccoli	Fresh Cauliflower Garden Peas	Organic Carrots Fresh Cabbage	Mini Corn Cobettes Grilled Tomatoes	Garden Peas Baked Beans
Dessert	Pear & Chocolate Crumble*	Tutti Frutti Flapjack*	Sticky Honey & Orange Cake*	Fruit Cheesecake*	Fruit, Jelly & Ice Cream*
Daily Options	Fresh Fruit Platter / Fresh Yoghurt / Cheese & Biscuits / Homemade Bread				



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Baked Sausage with Mashed Potatoes	Pasta Bolognese Bake & Garlic Slice*	Roast Turkey with Yorkshire Pudding with Roast Potatoes*	Glazed BBQ Chicken & Herby Diced Potatoes*	Chicken & Sweetcorn Pie with Puff Pastry with Jacket Wedges*
Fish	Jacket Potatoes with Tuna & Sweetcorn	Fish in Creamy Coconut Curry with Basmati Rice*	Tuna Melt Panini	Cod In Cheese Sauce & Herby Diced Potatoes*	Fish Fillet in Batter with Jacket Wedges
Vegetarian	Quorn & Pepper Frittata* with Mashed Potatoes	Veggie Burger in a Wholemeal Bun with Salad	Quorn & Sweet Potato Curry with Rice*	Veggie Pasta Bake*	Warming Winter Crumble with Jacket Wedges*
Vegetable Choice	Fresh Cauliflower Mixed Vegetables	Mini Corn Cobettes Fresh Roasted Peppers	Organic Carrots Garden Peas	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans
Dessert	Fruit Smoothie	Peach Melba Sponge Slice*	Apple & Pear Crumble with Custard*	Cornflake Cracknel*	Frozen Yoghurt With Fruit
Daily Options	Fresh Fruit Platter / Fresh Yoghurt / Cheese & Biscuits / Homemade Bread				



Primary School Menu

Juniper Ventures



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Spaghetti and Meatballs in a Marianara Sauce*	Chicken & Vegetable Jolloff Rice*	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Lasagne with Garlic & Herb Bread*	Greek Style Chicken Souvlaki with Herby Diced Potatoes*
Fish	Creamy Fish Pie with Lemon & Parsley Mash*	Fish Finger Wrap with Tomato & Basil Mayo	Crunchy Cod Crumble with Roast Potatoes*	Tuna Neopolitan Pasta Bake with Garlic & Herb Bread*	White Fish Bake & Lemon Slice with Herby Diced Potatoes
Vegetarian	Vegetable & Lentil Curry with Rice*	Vegetarian Shepherd's Pie *	Quorn Sausage Cassoulet with Roast Potatoes	Spanish Omelette with Baby Baked Potatoes*	Vegetarian Chill with Rice*
Vegetable Choice	Garden Peas Roasted Vegetables	Sweetcorn Green Beans	Organic Carrots Roasted Autumn Veg	Winter 'Slaw Country Vegetables	Baked Beans Garden Peas
Dessert	Peaches & Custard	Citrus & Coconut Sponge with Custard*	Chocolate & Mandarin Mousse	Carrot & Sultana Cake*	Mini Scotch Pancakes with Fruit
Daily Options	Fresh Fruit Platter / Fresh Yoghurt / Cheese & Biscuits / Homemade Bread				

Menu from 30th October 2017 to 29th March 2018

*Homemade Dish

