



Maryland School

Week Beginning: 18/4, 8/5, 5/6, 26/6, 17/7, 11/9, 2/10



Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Spaghetti & Meatballs in Tomato Sauce	Chicken & Mushroom Potato Bake	Roast Chicken with Yorkshire Pudding & Roast Potatoes	Meat & Vegetable Jolloff Rice	Lamb & Vegetable Pie with Chips
Fish Choice	Cod Fillet with Herb Crust	Tuna & Pepper Pizza	Spicy Tuna Pasta Bake	Tuna Salad Wrap	Fish Fingers with Chips
Vegetarian Choice	Butternut Squash Macaroni Cheese	Cheese & Tomato Pizza	Shepherdess Pie	Quorn Frankfurter in Hot Dog Roll	Mixed Bean Burrito
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Cauliflower	Organic Carrots Cabbage	Mini Corn Cobette Farmhouse Veg	Garden Peas Baked Beans
Dessert	Fruit Smoothie	Apple Flapjack with Custard	Fruit Jelly & Ice Cream	Berry Cheesecake	Lemon & Courgette Cake with Custard

Daily Selection also includes :
 Freshly Baked Additional Bread, Salad Bar
 Fresh Fruit, Yoghurt, Cheese & Biscuits.
 All meat served is Halal





Maryland School

Week Beginning: 24/4, 15/5, 12/6, 3/7, 27/7, 18/9, 9/10



Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Oven Baked Sausages with Mashed Potato	Homemade Lasagne	Roast Turkey with Stuffing with Roast Potatoes	Lamb Burger in a Bun	Lamb Keema with Naan
Fish Choice	Italian Style Baked Fish with Mashed Potato	Salmon & Cod Biryani	Cod in Cheese Sauce with Roast Potatoes	Tuna & Sweetcorn Hoagie Melt	Fish in Batter with Fresh Lemon & Chips
Vegetarian Choice	Vegetable Moussaka	Sticky Quorn Sausages & Mashed Potatoes	Cheese & Onion Slice with Roast Potatoes	Chick Pea Dhal with Rice	Spanish Omelette with Chips
Vegetable Selection	Sweetcorn Green Beans	Fresh Cauliflower Garden Peas	Organic Carrots Cabbage	Fresh Broccoli Sweetcorn	Garden Peas Baked Beans
Dessert	Pancakes with Fruit & Ice Cream	Eton Mess Cake	Date & Apple Sponge with Custard	Fruit & Strawberry Yoghurt Ice Cream	Peach & Pear Crumble with Custard

Daily Selection also includes :
Freshly Baked Additional Bread, Salad Bar
Fresh Fruit, Yoghurt, Cheese & Biscuits.
All meat served is Halal





Maryland School



Week Beginning: 2/5, 22/5, 19/6, 10/7, 4/9, 25/9, 16/10

Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Penne Pasta Bolognese	Chicken Korma with Naan Bread	Roast Lamb with Roast Potatoes	BBQ Chicken Drumsticks with Rice	Chicken Fajita
Fish Choice	Tuna French Bread Pizza	Fish Fingers & New Potatoes	White Fish Fillet with Parsley Sauce	Homemade Cod Crumble	White Fish Bake with Chips
Vegetarian Choice	Vegetable & Quorn Stir Fry with Noodles	Cheese, Tomato & Broccoli Quiche New Potatoes	Vegetarian Pasta Bake	Vegetarian Burger in a Bun	Jacket Potato with Cheese & Beans
Vegetable Selection	Fresh Cauliflower Broccoli	Roasted Vegetables Green Beans	Organic Carrots Cabbage	Sweetcorn Jamaican Slaw	Baked Beans Garden Peas
Dessert	Raspberry Mousse Slice	Citrus & Coconut Sponge with Custard	Fresh Fruit Meringue Nest	Banana Cake with Custard	Beetroot & Chocolate Brownie

Daily Selection also includes :
 Freshly Baked Additional Bread, Salad Bar
 Fresh Fruit, Yoghurt, Cheese & Biscuits.
 All meat served is Halal

